

# Surgery Dolls and Gowns

## Sewing Instructions

### Supplies Needed

1. Tracing paper for transferring the patterns
2. Any color or print fabric for gown
3. 1/3 yard of 36" or 48" woven cotton or polyester fabric in white, tan or brown skin-tones for body. The color should look like healthy skin and be light enough so that fabric markers will show on it.
4. Sewing thread to match body fabric
5. Ribbon or bias tape for gown ties
6. Polyester stuffing

### Doll Instructions

1. Trace the Doll pattern from the Patterns section at the end.
2. Cut out pattern and connect the lines to make one continuous doll (finished doll about 16").
3. Pin pattern to fabric and cut out two.
4. Match up two doll bodies and sew 1/4" seams along entire body with a regular sewing machine, leaving the hole indicated on the pattern open to turn and stuff through.
5. After it is all sewn, clip curves to allow the fabric to turn along curves.
6. Turn the doll. Make sure that the entire doll is properly sewn and there are no holes.
7. Stuff the entire doll until it is firm, but not so there is too much strain on the seams.
8. Hand-sew the hole that was used to turn and stuff the dolls closed.



Finished Stuffed Doll

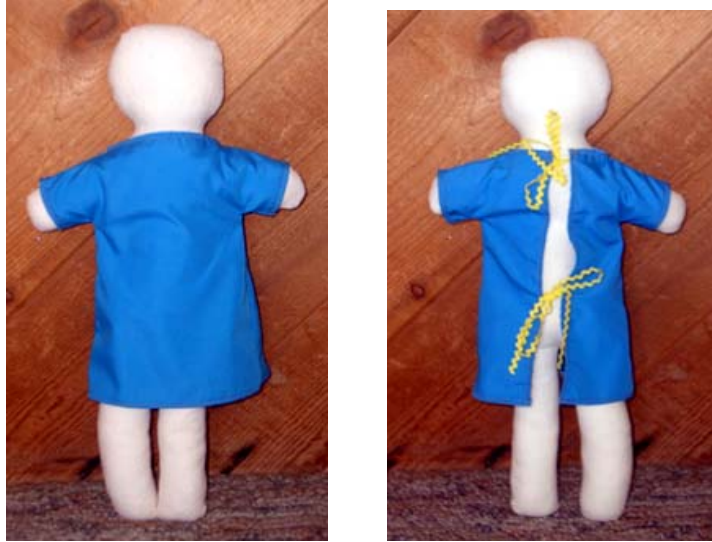
*Please do **NOT** put hair or faces on the dolls!! The children will do this to personalize them!*

The doll is now complete and ready for the gown!

# Surgery Dolls and Gowns - Sewing Instructions

## Gown Instructions

### If Using a Serger

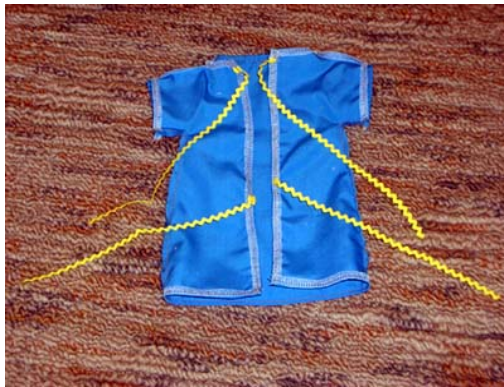


Finished Doll Gown, Front & Back

1. Trace the Gown pattern from the Patterns section at the end.
2. Cut out pattern.
3. Place onto fabric and cut out two pieces.
4. Cut one of the pieces down the middle.
5. If you have a serger, serge the two pieces together from the neck to the top tip of the sleeve on each side, making sure that the two right sides are together.
6. Next, serge along the whole sleeve, from tip to tip. Then, turn the serged edge to the inside and sew with a regular machine to hem it. Do this on both sleeves, to make a nice hemmed edge.
7. Serge along the neck all the way around. Turn to the inside and hem with a regular machine, like you did with the sleeves.
8. Serge along the inside, sewing together the back and front from the bottom sleeve tip to the armpit and down to the bottom of the gown in one seam. Do this along both edges.
9. With each of the two halves of the back piece that were split in the beginning, serge along the edge and fold inside, but do not hem yet with regular machine.

## Surgery Dolls and Gowns - Sewing Instructions

10. Make four gown ties, each about 7-10" long, out of sewn bias tape or ribbons. Place one on either side of the X on the pattern, so that they can be tied to make bows to almost close up the back, and look like real hospital gowns.
11. Pin to inside serged edge that is folded inward. Hem the two edges with the gown ties attached, locking them into place.
12. Serge along the bottom of the gown and hem just as it was done with the others.
13. Place onto finished and stuffed doll. Tie the gown ties in back into bows and you are now completely finished!!



Finished Gown - Inside-Out

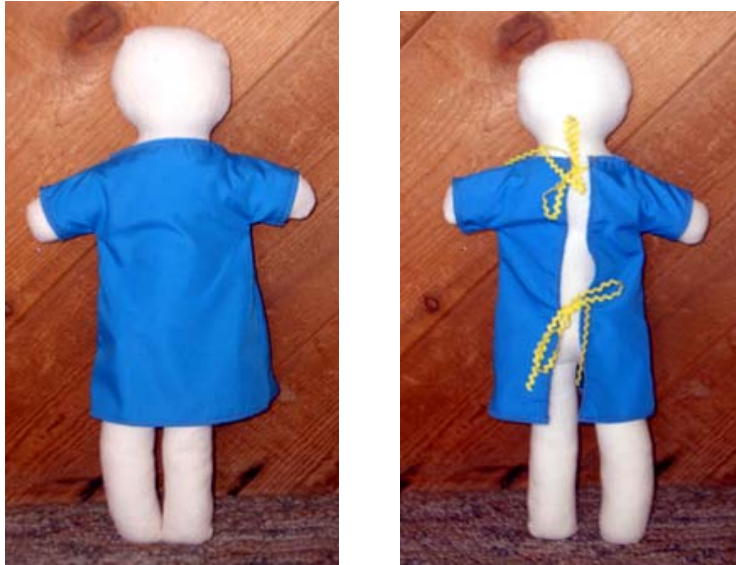


Finished Gown - Right-side Out

# Surgery Dolls and Gowns - Sewing Instructions

## Gown Instructions

### If Not Using a Serger



Finished Doll Gown, Front & Back

1. Trace the Gown pattern from the Patterns section at the end.
2. Cut out pattern.
3. Place onto fabric and cut out two pieces.
4. Cut one of the pieces down the middle.
5. Sew the two pieces (front and back) together from the neck to the top tip of the sleeve on each side, making sure that the two right sides are together with 1/4" seams.
6. Next, turn about 1/4" of the whole cuff of sleeve, from tip to tip, to the inside and sew, hemming it. Do this on both sleeves, to make a nice hemmed edge.
7. Turn about 1/4" of edge to the inside along the neck all the way around. Sew it, hemming it, like you did with the sleeves.
8. Sew together the back and front from the bottom sleeve tip to the armpit and down to the bottom of the gown in one seam. Do this along both edges
9. With each of the two halves of the back piece that were split in the beginning, fold 1/4" of edge to the inside, but do not hem yet.

## Surgery Dolls and Gowns - Sewing Instructions

10. Make four gown ties, each about 7-10" long, out of sewn bias tape or ribbons. Place one on either side of the X on the pattern, so that they can be tied to make bows to almost close up the back, and look like real hospital gowns.
11. Pin to inside edge that is folded inward. Hem the two edges with the gown ties attached, locking them into place.
12. Hem along the bottom of the gown, just as it was done with the others.
13. Place gown onto finished and stuffed doll. Tie the gown ties in back into bows and you are now completely finished!!

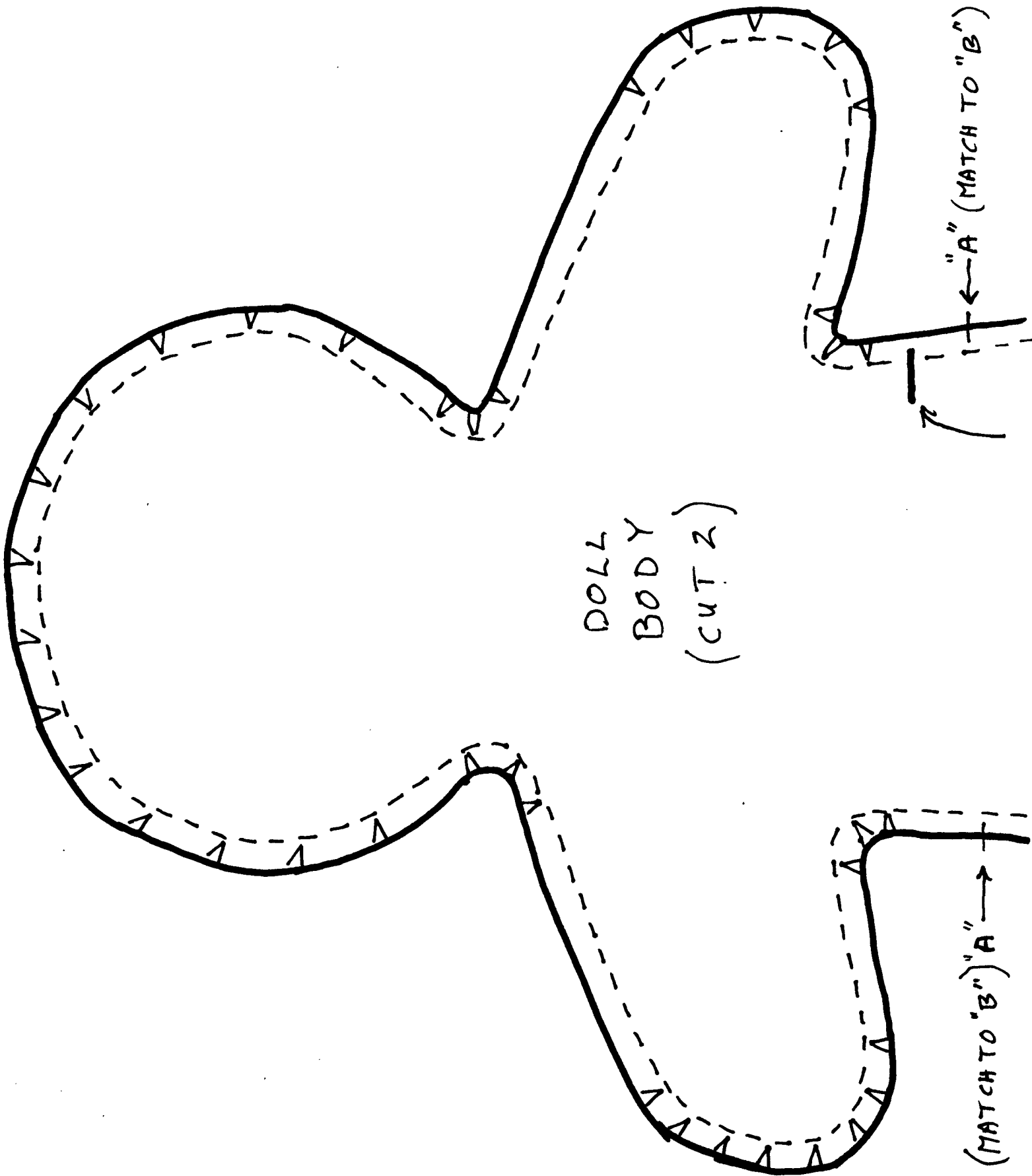


Finished Gown - Inside-Out

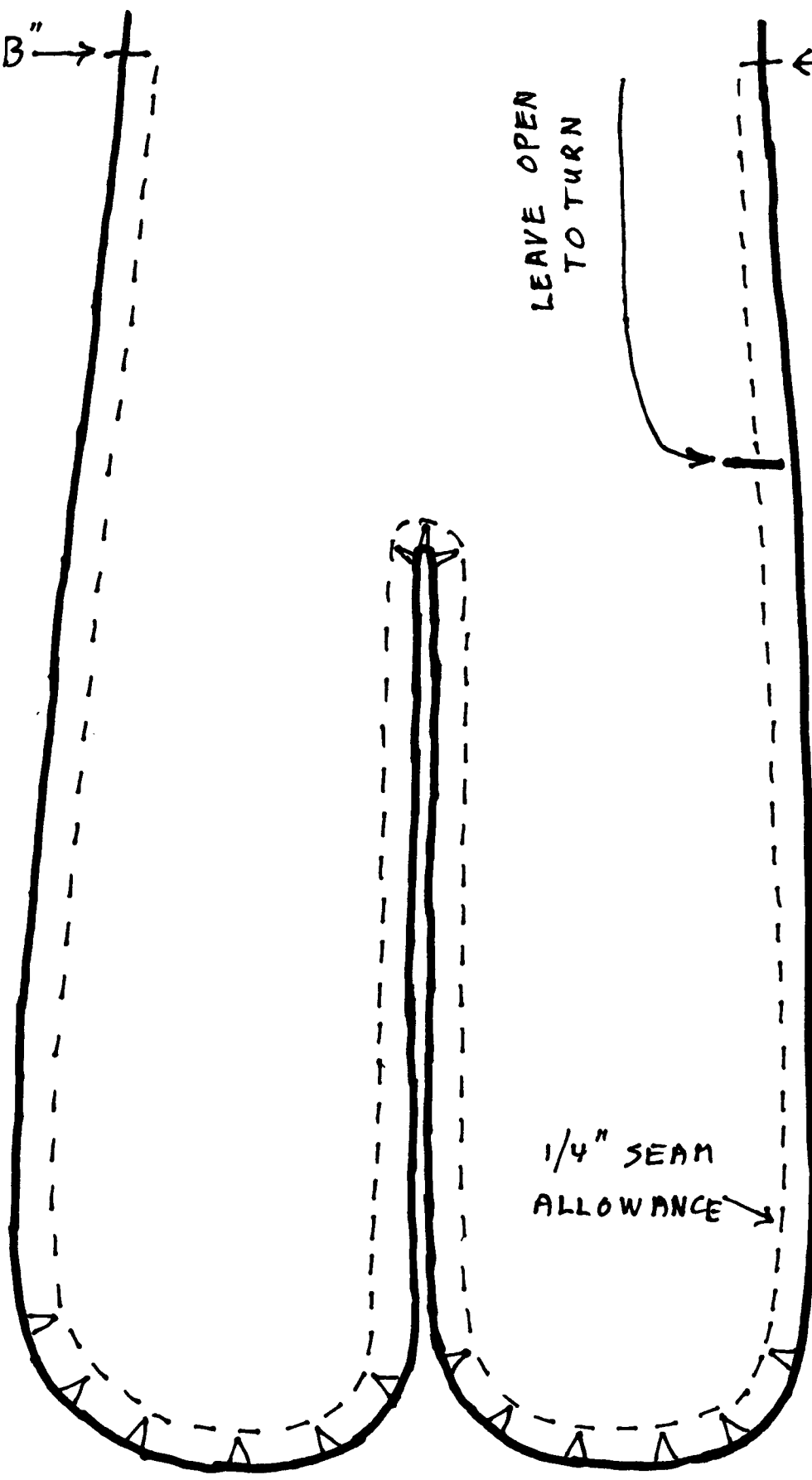


Finished Gown - Right-side-Out

# Surgery Doll Patterns - Doll Body (Cut 2)



(MATCH "B"  
TO "A") →



← "B" (MATCH  
TO "A")

LEAVE OPEN  
TO TURN

1/4" SEAM  
ALLOWANCE →

DOLL BODY  
- MATCH "A" TO "B" (2 PL.)  
- CUT 2



# Surgery Doll Patterns - Hospital Gown (Cut 2)

