

Doula Services

This list includes programs and organizations we have worked with at The Birth Center at HCMC, and offer doula services that fit patients from many different backgrounds. Other doula services in the Twin Cities can be used at HCMC based on the organization's service areas.

[Everyday Miracles](http://everyday-miracles.org) | everyday-miracles.org | (612) 353-6293

Everyday Miracles is committed to reducing health disparities and improving birth outcomes for moms at-risk for poor birth outcomes. They strive to provide compassionate, culturally aware support and a non-judgmental, welcoming community. Everyday Miracles provides [doula services](#) for Medicaid insurance holders through the [Core Doula Program](#), and private or out-of-pocket through the [Karma Doula Program](#). Patients can self-refer or they can be referred by their provider.

[Childbirth Collective](http://childbirthcollective.org) | childbirthcollective.org

Childbirth Collective is a non-profit collective birth professionals, including doulas, who support women and families during the childbearing year. The Childbirth Collective can connect you with a variety of birth resources. You can search for a doula on their website. Their searchable listing of doulas includes student doulas. Student doulas are getting their hours/numbers to be certified and are usually inexpensive, if not free.

[The Twin Cities Doula Project](http://twincitiesdoulaproject.com) | twincitiesdoulaproject.com | (612) 548-1MOM

The Twin Cities Doula Project is a group of volunteer doulas who work together to provide free labor support to moms who want a doula but can't afford one. The Twin Cities Doula Project provide individualized support and education both over the phone and at monthly meetings.

[Ahavah BirthWorks](http://www.ahavahbirthworks.com) | www.ahavahbirthworks.com | (612) 338-2784

Ahavah provides culturally congruent doula support for women of color, and works to build strong black families by supporting mothers and families holistically during pregnancy up to two years postpartum. They offer this services at little to no cost. They offer doula services, community outreach programs, resources and advocacy.