



Maria C Arciniegas Calle

Hometown: Bogotá, Colombia
Medical School: Universidad de los Andes

Why I chose HCMC

I chose HCMC because of its mission: *To partner with the community, patients and their families to ensure access to outstanding care for everyone, while improving health and wellness through teaching, patient and community education, and research.* To me, a place with that mission exemplifies what I want out of my training. I want to be a physician that is involved with their community and takes care of not only healing but also improving health and wellness. In addition, HCMC takes care of the vulnerable and underserved and it is an honor and a privilege to be able to give back to this community of people that are in need.

Number one on my twin cities bucket list: To attend a play at the Guthrie theater.

Plans after residency: Too early to know. For right now I am living in the moment and all I aspire is to become the best family physician I could possibly be.

If I weren't a physician what would I do? I probably would have been an advocate of a social cause. Maybe would have been a lawyer and would be in the United Nations fighting for universal healthcare, or poverty or equality. So many things to fight for in this world!

Why I chose HCMC: I chose HCMC for it's people – patients, staff, faculty, fellow students and residents. It is an honor for me to do residency training in an environment where I get to work with and learn from people from all around the world who share my commitment to service and professional growth. At HCMC, I feel at home. Both as a medical student rotating at HCMC and as a resident, hugs and warm hellos are part of my day-to-day, and the culture of service and commitment to community nourish me.

Number one on my Twin Cities bucket list: Canoe/kayak/windsurf/ski/snowshoe on Bde Maka Ska!

Plans after residency: After residency, I see myself practicing a combination of hospital and outpatient holistic medicine in a rural community.

If I weren't a physician, what would I do? I love food – growing, cooking, eating, and sharing it. I believe that food is medicine, and if I weren't working in "healthcare" as a physician, I would work in "healthcare" as a farmer, cook, food-educator, and policy-maker in the realm of sustainable agriculture.

Why I chose HCMC: HCMC provides a unique opportunity to see a large variety patients from all walks of life. I am excited to learn through all of the valuable experiences I will have at HCMC.

Number one on my Twin Cities bucket list: Watch as much professional sports live as I can

Plans after residency: I plan on completing a sports medicine fellowship.

If I weren't a physician, what would I do? I would be a professional soccer player



Drew Glogoza

Hometown: Fargo, ND
Medical school: Des Moines University



Collin Leach

Hometown: Panama City Beach, FL
Medical school: Ross University School of Medicine

Why I chose HCMC: There are two major reasons I chose HCMC. First, during my interview, I could see and feel that the mission is much more than just words on a wall or something repeated in meetings – the resources available to patients and the attitudes of the people exemplified this mission: a partnership with our community, patients, and families to ensure access to outstanding care for everyone, while improving health and wellness through teaching, patient and community education, and research. The people here really are special – enthusiastic, passionate, and compassionate. Secondly, everyone had such a genuine and caring attitude, and since beginning my residency here, that hasn’t changed one bit. I feel very fortunate to be surrounded by such great people.

Number one on my Twin Cities bucket list: survive a Minnesota winter and live to tell about it to my friends and family in Florida!

Plans after residency: Tough question! My better half, Wendy Tran, also a resident, plays a big part in answering this. I get excited by all of it! OB, Emergency Medicine, out- and inpatient medicine. The first thought is outpatient clinic with a small physician group. However, after 3 short weeks of working at Whittier clinic, it’s will be difficult for me to leave an academic setting. We are going with a very open mind!

If I weren't a physician, what would I do? I’m very fortunate in that I have truly found my calling, and I can’t imagine doing anything other than practicing family medicine!

Why I chose HCMC: While pursuing my Master of Public Health degree at the University of Minnesota, I had the opportunity to do a clinical rotation at HCMC. This gave me first-hand experience on the diverse and underserved patient population, presenting with a wide variety of conditions. During my interview, I had a pleasant experience with everyone at the program and I learnt more about the full-spectrum family medicine training in the program. The Whittier Clinic is well-equipped with modern facilities and is solely for the Family Medicine residency program. This further made HCMC my number one choice.

Number one on my Twin Cities bucket list: Ice fishing and skating on a frozen lake

Plans after residency: To practice full-spectrum family medicine in an underserved population

If I weren't a physician, what would I do? I would have loved to be a professional soccer player or maybe gotten a job that involved lots of travel!



Olaoluwa “Laolu” Lediju

Hometown: Lagos, Nigeria
Medical school: University of Lagos, Nigeria

Why I chose HCMC: HCMC was my first interview and after that no other program compared to it. I loved the personalized, small group interview experience, which was very unique and felt like family. Their dedication of providing care to diverse population and promoting health and wellness through education and research was very appealing. I saw camaraderie among residents during my visit. The simulation center, facilities at Whittier clinic, integrative medicine, hyperbaric, opportunities for research and community outreach programs and supportive faculty are other things that really caught my eye and made HCMC an easy first choice! Great food, shopping at Mall of America, dramatic riverfront skyline and diverse culture that Twin Cities offer were an added bonus.

Number one on my Twin Cities bucket list: To see all “10,000 lakes” and go ice fishing!

Plans after residency: Still unsure, maybe a fellowship in hyperbaric or sleep medicine.

If I weren't a physician, what would I do? May be a make-up artist and blogger



Ramneet Manhas

Hometown: Vancouver, Canada
Medical school: Saba University School of Medicine



Caitlin Mullins

Hometown: Colorado Springs, CO
Medical School: Ben Gurion University of
the Negev Faculty of Health Sciences

Why I chose HCMC: When I was interviewing for a program, I told myself I wanted to train at a place that shared my same passion for patient care...A place that incorporated a holistic approach to health care, embraced patient diversity, and was present in the community...A place empowered by developing confident and competent family physicians, that offered a comprehensive curriculum that not only inspired me to grow professionally, but also challenged me to never become complacent with my profession. From my first moments interviewing at Hennepin, meeting remarkable faculty, I recognized this place, it was home. I was so relieved that a place like this existed; I was inspired by all the resources and supports here that I hadn't even thought to desire.

Number one on my Twin Cities bucket list: Take in the local music scene

Plans after residency: Split my time between a teaching hospital and providing long-term sustainable primary care in an underserved area, either abroad or US.

If I weren't a physician, what would I do? Lots of interests come to mind, I love meeting new people and experiencing different cultures. So probably a professional nomad, writing memoirs about my experiences to support myself. Then the real support would come with the movie deal ;)



Nicole Patching

Hometown: Winnipeg, Manitoba, Canada
Medical school: Saba University School of
Medicine

Why I chose HCMC: Amongst the many reasons I chose HCMC are that I loved the idea of working in an urban center with such a diverse patient population. The program also offers Integrative Medicine, which allows me to explore my interests in nutrition and disease prevention. Most importantly I could really feel the sense of camaraderie on interview day between all of the residents and faculty. Being part of something that felt like a family unit during residency was fairly important to me.

Number one on my Twin Cities bucket list: I can't say that I have a top choice! Vikings/Twins/Wild games, Minnesota State Fair, eating all the great food on Eat Street, SUP around the chain of lakes. I just want to experience it all!

Plans after residency: Not sure, maybe part time outpatient clinic base and having my hand in a few other areas: Integrative Medicine, Sports Medicine, Sleep Medicine, maybe Emergency or Inpatient. I'm excited to see where residency will lead me.

If I weren't a physician, what would I do? Event planner as I love planning and entertaining, accountant as I love numbers and budgeting (even if I don't always stick to my budgets), registered dietician as I love nutrition and food science, and last but not least a hairdresser as I think it is a form of artistic expression.



Monique C PONDY

Hometown: Douala, Cameroon
Medical school: Ross University School of
medicine

Why I chose HCMC: There are multiple reasons that stood out to me during my interview. I was very impressed with how welcoming the residents and the staff were. I really appreciated the sense of camaraderie among the residents and felt a sense of belonging I did not feel at other programs. I was excited about how committed to resident learning the program is. I was also inspired by HCMC mission, which is providing quality health care to a large and diverse patient population, as well as advocating for the patients while being cognizant of how their social background and their environment could affect their overall health. Coming from the developing country I am very passionate about working with an underserved population and I am very fortunate to be part of a program with similar dedication.

Number one on my Twin Cities bucket list: I have a few things I definitely would like to do: try out as much water activities as possible, attend the state fair every year, visit most (all) the stores at the mall of America and all the restaurants on eat street.

Plans after residency: I haven't decided a specific path, my goal is to use residency to explore as many opportunities as possible. I am excited to see where I will be lead.

If I weren't a physician, what would I do? A gospel singer or a professional chef.



Natalie Stoltman

Hometown: Montevideo, MN
Medical school: University of Medicine & Health Sciences

Why I chose HCMC: Coming from a multicultural background myself – Filipino/Norwegian – I was in search of a residency program with a broad world perspective. Born and raised in MN, the daughter of a General Surgeon and a Doctor of Nursing Practice, I heard about HCMC throughout my childhood. Its unique and diverse patient population along with its distinguished reputation as a teaching hospital are the reasons I applied. From the moment I set foot in Whittier Clinic, I was impressed by the hospitality and kindness of everyone I encountered. Several residents shared the following view: “You will work hard, learn a lot and be surrounded by people who support you. When you leave, you will be prepared for anything.” From that moment, I was sold. I am thrilled to learn and grow here at HCMC.

Number one on my Twin Cities bucket list: As a long-time resident of the greater metro and having had the opportunity to experience much of what it has to offer, running the Twin Cities Marathon is at the top of the list.

Plans after residency: I am firmly undecided until I have explored a variety of specialties, Geriatrics/Palliative Care and Sports Medicine are initial considerations.

If I weren't a physician, what would I do? Two of the great loves of my life are playing the piano and competitive swimming. I began both at a very young age, so I would likely find fulfillment as a piano performer/teacher or a swim coach.



Jia-Shyuan Su

Hometown: Woodbury, Mn
Medical School: University of Minnesota

Why I chose HCMC: The environment. HCMC's dedication to serving the community and ensuring access to outstanding care for all people. As a safety net hospital, HCMC provides care for urban underserved communities including the uninsured and low-income communities. As a medical student, I did several clinical rotations at HCMC and every day I walked into the hospital feeling like the work I was doing was especially meaningful because of the patient population HCMC caters to. HCMC's commitment to diversity works to eliminate the divide between patients of different races, cultural backgrounds, and gender identities. This is the type of environment I want to work and learn in.

Number one on my Twin Cities bucket list: I have an extensive list of restaurants I hope to try. As a self-proclaimed foodie: to eat all of the most delicious foods I possibly can.

Plans after residency: Likely a fellowship – there are multiple paths I'm still considering. I hope to return to practice family medicine in the Twin Cities area.

If I weren't a physician, what would I do? As a formerly nationally ranked rhythmic gymnast, I would likely be a rhythmic gymnastics coach or a professional baby panda hugger (if that was a viable career path).



Wendy Tran

Hometown: El Monte, California
Medical school: Ross University School of Medicine

Why I chose HCMC: So many reasons! Of all the programs I interviewed at, HCMC stuck out the most to me. Most important to me were 3 things: good people, supportive staff, and integrative patient centered care. I was terrified of being in a program where I'd be surrounded by negative people and environment. HCMC is the exact opposite. Everyone I met was so friendly. It felt like a team atmosphere and everyone was there to help each other, and it still holds true! I've just gone through my first week of in patient medicine and as stressful as it was, I've been having so much fun. People here really have great attitudes and so much passion for what they do. Lastly, I wanted to be at a place where patients truly are put first. You will hear a lot about patient centered care, but it is not practiced everywhere. HCMC as a whole cares and it shows through all of the resources that they have made available for patients: Uber rides, food bags, excellent interpreter services etc. I left the interview feeling so happy and my heart was pretty much set.

Number one on my Twin Cities bucket list: Tubing, ice fishing!

Plans after residency: Who knows! I'm open to all of the possibilities ☺ There is still so much I want to do and learn, so I haven't been able to narrow it down.

If I weren't a physician, what would I do? I would have loved to be a professional chef!

