

AQUI PARA TI CONFIDENTIALITY MANTRA

Script for discussion of confidential medical care

The following is intended as a guide for addressing the concept of confidentiality in a family context, with the provider speaking to both the parent and teen together.

English

“I want you to know that we are going to talk all together first, and then alone with your teen, as your child has the right to a private confidential moment with his/her provider. This means that all the topics and issues that they discuss will stay between them, and that the provider will not disclose that information to anyone, including the teen's parent. This opportunity for a private conversation was created to ensure the teen with “a safe space” where he/she can have questions, doubts, or concerns answered. Sometimes teens don't want to raise these types of questions with their parents, perhaps from feelings of embarrassment or because they don't want to cause their parents to worry. You should know that confidentiality has its limits. If there is any threat to your teen's life or another person's life, I have the duty to inform you to make a plan to protect your teen. In addition, there are situations that we are mandated to report and cannot keep confidential. Those situations include:

- Physical abuse
- Sexual abuse. This includes someone over 16 dating a minor under 16.
- Suicidal or homicidal ideation
- A pregnant woman who reports using drugs

At the same time, we know how challenging it might be at times for a parent to raise a teen. Therefore, part of our mission is to help you in this transition. We want to be your partner and even when sometimes we can't discuss certain details about your teen, we will always be there for you: guiding you and giving your teen the best advice possible to protect him/her.”