



Karnofsky Scale and Descriptive Scale

Karnofsky Scale

- 10:** Normal. No complaints; no evidence of disease.
- 9:** Able to carry on normal activity; minor signs or symptoms of disease.
- 8:** Normal activity with effort; some signs or symptoms of disease.
- 7:** Cares for self; unable to carry on normal activity or to do active work.
- 6:** Requires occasional assistance, but can care for most of own needs.
- 5:** Requires considerable assistance and frequent medical care.
- 4:** Disabled; requires special care and assistance.
- 3:** Severely disabled; hospitalization would be indicated although death is not imminent.
- 2:** Hospitalization would be necessary; very sick; active supportive treatment necessary.
- 1:** Moribund; fatal processes progressing rapidly.
- 0:** Dead.

Descriptive Scale

Anorexia

- 5 normal
- 4 Decreased intake
- 3 Some soft foods
- 2 Some fluids
- 1 No fluids

Cachexia

- 5 Heavy
- 4 Normal build
- 3 Very thin
- 2 Extreme cachexia
- 1 Skin and bones

Dyspnea

- 5 None
- 4 Mild
- 3 Moderate
- 2 Severe
- 1 Incapacitating

Mobility

- 5 Normal
- 4 Limited walking
- 3 Bears weight
- 2 Sits up
- 1 Unable to turn over

Pain

- 5 None
- 4 Mild
- 3 Moderate
- 2 Severe
- 1 Incapacitating

Descriptive Scale Total:
