



## Modified ADL Scale

### **Bathing**

- 4 Independent
- 3 Uses a device (shower stool, etc.)
- 2 Needs personal assistance (in and out of tub)
- 1 Completely dependent (bed bath)

### **Dressing**

- 4 Independent
- 3 Uses a device (i.e. reacher)
- 2 Needs personal assistance (buttoning, choosing clothes)
- 1 Completely dependent

### **Toileting** (getting to toilet, on or off, opening clothing)

- 4 Independent
- 3 Uses a device (walker, cane)
- 2 Needs personal assistance
- 1 Completely dependent

### **Transfer**

- 4 Independent
- 3 Uses a device (walker, cane)
- 2 Needs personal assistance
- 1 Completely dependent

### **Continence**

- 4 Independent
- 3 Uses a device (urinal or bedpan)
- 2 Needs personal assistance (to position urinal/bedpan)
- 1 Completely dependent (catheter or diapers)

### **Feeding**

- 4 Independent
- 3 Uses a device
- 2 Needs personal assistance (fed by another)
- 1 Completely dependent (feeding tube or not eating)

Modified ADL Scale Total: \_\_\_\_\_