



March 31, 2020

To our patients and families,

We want to keep you and your loved ones safe and healthy. The COVID-19 virus calls for us to change our visitor rules. The best way to stop the spread of this virus is to limit exposure. We now have to limit guests for the Birth Center.

We can only allow 1 support person with you in the Birth Center. This can only be 1 adult that is healthy. Your 1 person can be your coach or doula. We will check your support person for any signs of the virus.

If your support person leaves the Birth Center for any reason, they will not be allowed back in. They must plan to stay as long as you stay. They should bring the things they need like clothes and a toothbrush. We will have meals for them.

We have also made the hard decision to no longer offer Hennepin Healthcare doulas. We understand that these changes are disappointing. This is for your safety and the safety of others. This is one of the ways to stop the spread of the virus.

We are committed to making your birth experience safe and wonderful. It is a momentous event!

Be well and thank you for your understanding.

Respectfully,

Tara L. Gustilo, MD, MPH, DABMA
Chair of Obstetrics and Gynecology

Hennepin Healthcare
715 South 8th Street
Mail Code A5
Minneapolis, MN 55404
Telephone: 612-873-2750
Fax: 612-904-4650