

# Early Childhood Family Education (ECFE)

ECFE offers classes, programs and services for families with children from birth to kindergarten age.

**Classes:** More than 30 class options focused on children's developmental stages. Parents and children enjoy group time and activities followed by a parent discussion led by a licensed parent educator.

**Fee: Sliding fee scale. SEE BACK OF PAGE FOR SAMPLE CLASSES**

**Home Visits:** Early childhood professionals visit homes to answer parenting and child development questions and share activities to do with your child.

For more information, call **612.668.2134**. **Fee: Free**

**Online Parenting Topics:** Access research-based parenting information on a variety of topics such as setting limits, toilet learning, empathy, brain development and more.

**Fee: \$20 per topic accessible for the entire school year**

**Parent Networks:** Invite friends to your home for a two-hour personalized parent education session provided by a licensed early childhood professional.

Call **612.668.2144** to schedule a consultation. **Fee: \$10 per participant**

**Personal Phone Consultation:** Get parenting questions answered through 30-minute phone consultations with a licensed early childhood professional.

Call **612.668.2134** to schedule your consultation. **Fee: Free**



## NEED TRANSPORTATION?

Call **612.668.2126** if you need help with transportation to and from classes.

## CONTACT US

612.668.2127 | [ecfe@mpls.k12.mn.us](mailto:ecfe@mpls.k12.mn.us) | [ece.mpls.k12.mn.us/ecfe](http://ece.mpls.k12.mn.us/ecfe)

# Classes: Early Childhood Family Education

Below is a sampling of the ECFE classes available to families. For a complete list of current offerings, visit [ece.mpls.k12.mn.us/ecfe](http://ece.mpls.k12.mn.us/ecfe).

## Formats:

- Classes offered as semesters, half-semester and four-week sessions
- Classes last 1.5 to 2 hours weekly
- Days, evenings and Saturdays

**Locations:** Classes are offered at locations across the city

**Fees:** Fees are based on income through a **sliding fee scale**; **no one is turned away for inability to pay**. Call 612.668.2127 for more information.

**NOTE:** When selecting classes, **your child should be the age listed by the date the class begins**.

## Infant Classes (0-11 Months)

- Incredible Infants
- Infants and Yoga
- New Parent Connections

## Toddlers, Twos and Threes Classes (11-48 Months)

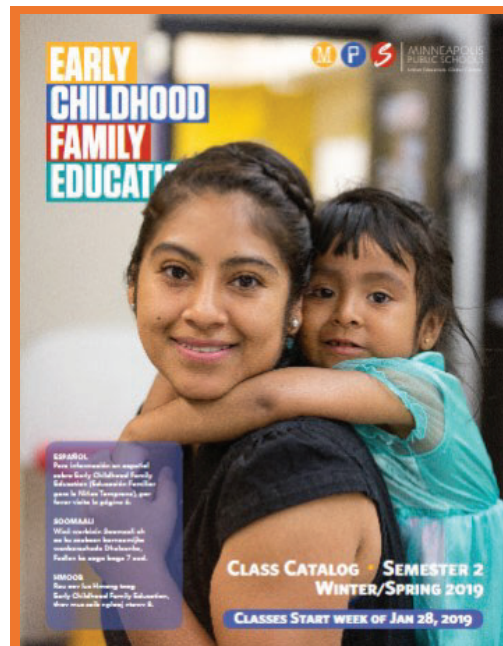
- Early Ones
- Mindful Parenting
- The Feeling-Behavior Connection
- Toddlers; Toddlers and Twos
- Toddlers with Gymtime
- Twos; Twos and Threes

## Threes and Fours Classes (36-48 Months)

- One-day and Two-day class options
- STEM (Science, Technology, Engineering and Math)

## Mixed-Age Classes (Birth-Kindergarten Enrollment)

- Adoptive, Foster and Kinship Families
- Adventures in Parenting
- Dads
- Multi-Cultural Adventures in Parenting
- Musical Brain Development
- Parenting Trends
- Special Friends
- Talking with Children about Race



## REGISTER TODAY!

Class options and registration can be found at: [ece.mpls.k12.mn.us/ecfe](http://ece.mpls.k12.mn.us/ecfe)


## ECFE CATALOGUE

For a list of current offerings, see the ECFE catalogue posted online or contact ECFE to receive the latest catalogue through the mail.

## MULTILINGUAL AND NATIVE AMERICAN CLASSES

Certain classes are provided in Amharic, Hmong, Somali and Spanish.

Classes focused on Native American families are also provided where traditional parenting is explored.

 Department of Early Childhood Education

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