

FREQUENTLY ASKED QUESTIONS

How can I pay for PrEP?

Most people pay little or nothing at all for PrEP. If you do not have insurance or your insurance doesn't cover PrEP, Clinic 555 can help sign you up for payment assistance programs.

How quickly does PrEP start working?

For receptive anal sex, it takes 7 days to reach maximum protection. For receptive vaginal sex and for injection drug use, it takes 20 days to reach maximum protection.

What are additional HIV prevention strategies?

- Condoms
- Reduce number of sex partners
- Practice less risky sex behavior
- Decrease drug and alcohol use
- Lube
- Regular STI testing
- Discuss HIV status with sex partners
- Use clean needles
- PEP (Post-Exposure Prophylaxis)

Can I use alcohol or drugs?

Yes.

I'm on hormones. Is PrEP safe for me?

Yes.

Located within the
**Saint Paul - Ramsey County
Public Health Center**
555 Cedar Street
Saint Paul, MN 55101
651-266-1255



Appointments:

Services by appointment or walk-in.

Monday and Wednesday

8:15 - 11:30 a.m. | 1 - 3:30 p.m.

Tuesday and Thursday

8:15 - 11:30 a.m. | 1 - 6:30 p.m.

Friday

8:15 a.m. - 12:15 p.m.

*Clinic is closed from noon to 1 p.m.,
Monday - Thursday.*

clinic 555
cedar street

PrEP

THE DAILY PILL
TO PREVENT HIV

 **RAMSEY COUNTY**
Saint Paul – Ramsey County Public Health

PrEP does not prevent other sexually transmitted infections and does not prevent pregnancy.



ABOUT PrEP

PrEP stands for pre-exposure prophylaxis. It is a pill taken everyday to prevent someone from getting HIV. PrEP is for people who do not have HIV.

The PrEP pill has medicine that stops HIV from creating an infection in the body if you get exposed to HIV through unprotected sex or sharing needles.

If taken every day, PrEP can lower your chances of getting HIV by up to 99%. PrEP is less effective if not taken every day.

WHO SHOULD TAKE PrEP

PrEP is for people who do not have HIV and are vulnerable to getting HIV.

PrEP may be a good option for you if:

- You or your sex partners do not always use condoms when having sex.
- You do not know if your sex partners have HIV.
- You have sex with someone who has HIV and they may or may not be on medication.
- You have sex for money, shelter, drugs, or other needs.
- You are a person who injects drugs, or you have sex with someone who does.

HOW TO GET STARTED

1. Call to make a PrEP appointment at Clinic 555.
2. Your health care provider will help you decide if PrEP is a good choice for you and make sure your body is able to take PrEP safely.
3. Whether you have insurance or not, Clinic 555 will help you navigate payment assistance programs that provide free or affordable PrEP.
4. Once you have your PrEP prescription, you will take one pill, once a day.
5. If you forget your pill, take it as soon as you remember. If it's the following day, do not take two pills at the same time to catch up. Take one pill and go back to your regular schedule.
6. As long as you are taking PrEP, you will need to return to Clinic 555 every three months to monitor your health and get tested for HIV.



Please call
651-266-1255
to schedule appointments.

FREQUENTLY ASKED QUESTIONS

How can I pay for PrEP?

Most people pay little or nothing at all for PrEP. If you do not have insurance or your insurance doesn't cover PrEP, Clinic 555 can help sign you up for payment assistance programs.

How quickly does PrEP start working?

For receptive anal sex, it takes 7 days to reach maximum protection. For receptive vaginal sex and for injection drug use, it takes 20 days to reach maximum protection.

What are additional HIV prevention strategies?

- Condoms
- Reduce number of sex partners
- Practice less risky sex behavior
- Decrease drug and alcohol use
- Lube
- Regular STI testing
- Discuss HIV status with sex partners
- Use clean needles
- PEP (Post-Exposure Prophylaxis)

Can I use alcohol or drugs?

Yes.

I'm on hormones. Is PrEP safe for me?

Yes.

Located within the
**Saint Paul - Ramsey County
Public Health Center**
555 Cedar Street
Saint Paul, MN 55101
651-266-1255



Appointments:

Services by appointment or walk-in.

Monday and Wednesday

8:15 - 11:30 a.m. | 1 - 3:30 p.m.

Tuesday and Thursday

8:15 - 11:30 a.m. | 1 - 6:30 p.m.

Friday

8:15 a.m. - 12:15 p.m.

*Clinic is closed from noon to 1 p.m.,
Monday - Thursday.*

clinic 555
cedar street

PrEP

THE DAILY PILL
TO PREVENT HIV

651-266-1255

PrEP does not prevent other sexually transmitted infections and does not prevent pregnancy.



ABOUT PrEP

PrEP stands for pre-exposure prophylaxis. It is a pill taken everyday to prevent someone from getting HIV. PrEP is for people who do not have HIV.

The PrEP pill has medicine that stops HIV from creating an infection in the body if you get exposed to HIV through unprotected sex or sharing needles.

If taken every day, PrEP can lower your chances of getting HIV by up to 99%. PrEP is less effective if not taken every day.

WHO SHOULD TAKE PrEP

PrEP is for people who do not have HIV and are vulnerable to getting HIV.

PrEP may be a good option for you if:

- You or your sex partners do not always use condoms when having sex.
- You do not know if your sex partners have HIV.
- You have sex with someone who has HIV and they may or may not be on medication.
- You have sex for money, shelter, drugs, or other needs.
- You are a person who injects drugs, or you have sex with someone who does.

HOW TO GET STARTED

1. Call to make a PrEP appointment at Clinic 555.
2. Your health care provider will help you decide if PrEP is a good choice for you and make sure your body is able to take PrEP safely.
3. Whether you have insurance or not, Clinic 555 will help you navigate payment assistance programs that provide free or affordable PrEP.
4. Once you have your PrEP prescription, you will take one pill, once a day.
5. If you forget your pill, take it as soon as you remember. If it's the following day, do not take two pills at the same time to catch up. Take one pill and go back to your regular schedule.
6. As long as you are taking PrEP, you will need to return to Clinic 555 every three months to monitor your health and get tested for HIV.



Please call
651-266-1255
to schedule appointments.