



# Hennepin Healthcare Redleaf Center for Family Healing Clinical and Program Staff

The Redleaf Center team includes prenatal psychiatrists, therapists, pediatricians, nurses and support and research staff and volunteers.

## **Helen Kim, MD, - Co-Founder and Director**

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Dr. Helen Kim is the founder and director of the Hennepin Healthcare Mother-Baby Program and Redleaf Center for Family Healing and Assistant Professor of Psychiatry at the University of Minnesota. She is a perinatal psychiatrist who is committed to empowering women and providing outstanding mental health care for all, particularly those most impacted by trauma and discrimination.

Following psychiatry training at Massachusetts General Hospital, Dr. Kim has been a leader in advancing new models of integrative, two-generation (parent-child) healing that address root causes that undermine wellbeing, such as childhood trauma, toxic stress, poverty, and discrimination. Dr. Kim co-founded the Hennepin Women's Mental Health Program, Minnesota's first reproductive psychiatry program and then went on to co-found the Mother-Baby Program whose mission is to save and improve the lives of mothers and young children. Signature programs of the MB Program include the Mother-Baby Day Hospital, an intensive program for perinatal women that is the 4th of its kind in the U.S. and the first in Minnesota, and the HopeLine, a phone line that offers support and connection to resources for distressed pregnant and postpartum mothers, their family members and providers.

In its first six years, the MB Program has served more than 3,000 families, and secured funding to expand into the Redleaf Center for Family Healing. Grounded in social justice and a commitment to providing exceptional care, the new Redleaf Center will expand the psychotherapy services of the Mother-Baby Program.

## **Diana Cutts, MD - Chief of Pediatrics**

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As Chief of Pediatrics, Dr. Cutts She is the pediatric consultant to the Redleaf Center for Family Healing. Cutts has served as the director of the department's Office of Pediatric Research and Advocacy since 1998. Prior to serving as Chair of Pediatrics, Dr. Cutts served as the Assistant Chief of Pediatrics for 11 years.

Dr. Cutts is a national leader in childhood growth and nutrition and is the Co-Lead Principal Investigator for Children's HealthWatch, a network of pediatricians, public health researchers, and children's health and policy experts. She is an Associate Professor of Pediatrics at the University of Minnesota and serves on the Child Health Advisory Committee at the U of M and the board of directors of Minnesota Hunger Impact Partners. Of particular note, Dr. Cutts was recently recognized with the 2019 Safety Net Champion Award at the Many Faces of Community Health Conference for advancing research, policy, and programming for children and families.

Dr. Cutts completed her undergraduate degree at the University of Michigan and studied medicine at the University of Illinois School of Medicine. She completed residency training and chief residency at Boston Children's Hospital and Boston City Hospital in 1986.

### **Krishnan Subrahmanian, MD – Pediatrician**

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Dr. Krishnan Subrahmanian is a pediatric consultant for the Redleaf Center for Family Healing and full-time pediatrician in the Department of Pediatrics at Hennepin Healthcare. He takes care of the broad spectrum of general pediatrics. He participates in newborn care, well child care from birth to adolescence, acute care visits and inpatient hospital pediatric care. His clinical expertise is in Tropical Medicine, HIV/AIDS and Global Child Health. Dr. Subrahmanian graduated from Harvard with a degree in Social Studies and subsequently taught high school special education. He received an education degree from the University of Cambridge and is very interested in the intersection between education and medicine.

### **Katie Thorsness, MD - Perinatal Psychiatrist**

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Dr. Katie Thorsness specializes in perinatal psychiatry and leads the outpatient psychiatry clinic in the Redleaf Center for Family Healing. As a member of the Mother-Baby team, she practices medicine in the context of a multidisciplinary team who helps support both mothers and families through the framework of attachment-based, psychodynamic, family system, narrative, and mindfulness practices. Dr. Thorsness provides medical care with a whole-person approach encouraging patients to consider how movement, nutrition, connection, purpose, and sometimes psychiatric medication, can relieve suffering and foster emotional wellbeing. She has additional expertise in physician trainee mental health.

### **Jodi Hennessey, LICSW - Therapist**

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Jodi Hennessey is a licensed independent clinical social worker and therapist in the Redleaf Center for Family Healing. She has spent her career supporting young children and families and previously worked at St. David's Center for Child and Family Development. Her clinical focus includes maternal and early childhood mental health, trauma, and she is trained in Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), an evidence-based model of therapy for children ages 3-18.

### **Rebecca Grandstrand, RN**

Registered Nurse

### **Stephanie Kuhnmuensch, LICSW**

Therapist

### **Mackenzie Landbloom, LICSW**

Therapist

### **Tasa Leikvoll, LMFT**

Therapist

### **Maggie Rorke, MHW**

Mental Health Worker

### **PROGRAM STAFF**

#### **Eric Abu**

Research Assistant

#### **Josephine Abate**

Project Coordinator

#### **Nora Erickson, PhD**

Research Fellow

#### **Jessica Kuendig, LICSW**

Co-Founder/Consultant

#### **Angela Watts**

Director of Operations