



BARO XAQIIQOOYINKA **Talaalka COVID-19**

XAQIIQADA talaallada COVID-19 **waxba kama badalayaan** DNA gaaga

XAQIIQADA Talaalladu **kuguma ridayaan** COVID-19; mana sidaan khatar ku aadan in qofka la talaalo uu cudur ka qaado.

XAQIIQADA Korona fayras **waa isbadalayaa**. Laakiin talaallada ayaa loo sameeyay inay ka caawiyaan jirka inuu fayrasyada aqoonsado ayadoo laga eegaayo qaybaha badan ee fayraska.

XAQIIQADA Talaalka COVID-19 **kuma jiro** fayraska korona oo nool ama kuligiis, mayrokoobis, aalad qofka raadraacaysa, cad qof dhintay, unugyada rakada ah, mercury, almuuniyaam, luciferase, Cad Naas, maadooyinka qaansiirka ama kaydad

XAQIIQADA Talaallada COVID-19 **wuxuu sababi karaa** qandho yar, madax xanuun, daal, gacan xanuun ama qarqaryo, gaar ahaana kadib kuurada labaad. Xanuuno kale ayaa aad u dhif u ah.

XAQIIQADA Dadka la jiraday COVID-19 **ayaa wali ka faa'iidaysan** kara talaalka

XAQIIQADA Haweenka uurka leh, naaska nuujinaaya ama doonaaya inay uur qaadaan **ayaa qaadan kara** talaalka ka dhanka ah COVID-19. Laakiin waa inay la hadlaan dhakhtarkooda.

XAQIIQADA Qof kasta **waa inuu sii wadaa** qaadista talaaboooyinka si ay naftooda iyo dadka kalaba uga difaacaan COVID-19 sida xirashada maaskarada, ka fogaanshaha dadka kale, iyo inaan farxalano.

XAQIIQADA Talaalka COVID-19 **ayaa dhamayn kara** aafada si dhakhso leh, ayadoon dad badan dhiman. Tani waxay si gaar ah uga caawinaysaa dadka kamid ah kooxaha khatarta ugu wayn ku jira, ayna ku jiraan dadka aan caddaanka ahayn.