

Internal Medicine Pharmacy Preceptors

Medicine: Rajani Wikelius, Margaret McCann, Kristy Van Nest, Brooke Menon, Ann Brigino, Andrew Swartz, Astrid Steffen, Kelsi Giller, Haley Spaulding, Jen Helbling

Cardiology: Joel Peterson, Marybeth Borgstadt

Surgery: Gina Carlson, Lindsey Faulks

Nephrology: Bhavin Patel

Psych: Rosemary Dulac, Zach Wyman

Bhavin Patel, Pharm.D

Bhavin Patel graduated from the University of Minnesota - College of Pharmacy in 1999. He completed a General Practice Residency at Mayo Clinic - Rochester in 2000 and a Nephrology/Kidney Transplant Residency at Hennepin County Medical Center in 2001. Bhavin currently rounds with the two renal teams at HCMC and is a primary preceptor of the institution's PGY-1 Pharmacy Practice Residency, PGY-2 in Solid Organ Transplant, and PGY-2 in Transitions of Care. He is a member of ACCP and involved in National Kidney Foundation. Bhavin enjoys watching movies and sports, and spending time with his wife and children.

Lindsey Faulks, PharmD, BCPS

Lindsey is a 2012 graduate of the University of Minnesota (Duluth) College of Pharmacy. After graduation she completed a PGY-1 residency in Kansas City, MO at Truman Medical Center. Following residency she moved south to Joplin, MO where she worked at Mercy Hospital for two years prior to returning home to Minnesota. She obtained her BCPS certification in 2013 and is a current member of ACCP. Lindsey primarily covers patients on the Surgical/Trauma/Neuro (STN) and Med Surg Ortho (MSO) units at Hennepin County Medical Center (HCMC), but also will cover Psychiatry on occasion as well as the Hospitalist and Medicine teaching services. When not at work, she enjoys spending time with her sister and two nieces, taking her dog (Winnie) for walks, having dinner with friends, and traveling.

Rosemary Dulac, Pharm.D, BCPP

Rosemary Dulac graduated from the University Of Minnesota College Of Pharmacy in 1986 and obtained BCPP certification in 2017. During her time at HCMC she has worked to establish a clinical pharmacy service in the SICU's, the hospital adverse drug reaction program, the Clinical Therapeutics program and the pharmacist's role on the inpatient pain consult team. Currently, she has enjoyed working in Psychiatry for the past several years and serving on the Pharmacy and Therapeutics Committee. Professional association memberships include ASHP/MSHP, ACCP and KE. Outside of work, she enjoys spending time with her husband, camping, spending time at the cabin and singing in the church choir.

Jennifer Helbling, PharmD, BCPS

Jennifer Helbling graduated from the University of Wisconsin-Madison School of Pharmacy in 2015 and completed her PGY-1 residency at Hennepin County Medical Center in Minneapolis, MN. After residency, Jen worked at the University of Minnesota Medical Center as a float pharmacist primarily on the general medicine and cardiology floors and on the pain service before coming back to HCMC full time in 2018. At HCMC, she works as a clinical pharmacist on the internal medicine and cardiology services. When away from work, Jen enjoys carbs, everything Harry Potter, spending time with family and traveling as much as possible.

Kelsi Giller, PharmD, BCPS

Kelsi attended the University of Minnesota to complete both her Bachelor of Science and PharmD degrees. She then completed a PGY-1 Pharmacy Practice Residency at HCMC. Following residency, Kelsi joined the clinical pharmacist team, primarily staffing evening cardiology and nephrology services and also covering internal medicine, general surgery, neurology, and orthopedics. She also became a Board Certified Pharmacotherapy Specialist. In her free time, Kelsi loves spending time with her family, being outdoors, cooking, and reading.

Zach Wyman, PharmD, BCPS

Zachary received his PharmD from the University Of Minnesota College Of Pharmacy in 2011. After graduating, he stayed at HCMC and began his career by working overnights in central pharmacy and community pharmacy. He transitioned to working in the Psychiatry in 2012 and still primarily covers Psychiatry. Zachary completed the Non-Traditional PGY1 Residency program at HCMC from 2013-2016. He obtained his BCPS in 2017. He is a member of MCPP and CPNP. When not working, Zachary enjoys anything outdoors (backcountry alpine skiing, mountain biking, hiking, camping) spending time with his wife Amanda and two sons Soren and Odin and taking Avery (his chocolate lab) to the dog park. He is also on the lookout for the best donuts and fries.

Andrew Swartz, PharmD, BCPS

Andrew Swartz graduated from the from Drake University College of Pharmacy in 2011 and completed a post-graduate year 1 residency at Essentia Health – Saint Mary's Medical Center in Duluth, MN in 2012. He obtained his BCPS certification later that same year. Since completing his residency, Andrew has served in a variety of roles including interim pharmacist-in-charge, overnight pharmacist for both inpatient and outpatient pharmacies, and as a clinical pharmacist. At HCMC, Andrew splits his time between the Family Medicine service and the evening shift on Cardiac/Renal units, but also covers inpatient, renal, internal medicine, and other positions as needed. During his free time, Andrew enjoys playing board games, cooking, and hanging out with friends.

Margaret G. McCann, RPh, BCPS

Margaret graduated from the University Of Minnesota College Of Pharmacy in 1982 and has been employed as a pharmacist at HCMC since 1983. She obtained her BCPS certification in 2008. Margaret has worked in most of the clinical specialty areas and is currently the pharmacist for 4 of the Hospitalist teams. In her spare time she enjoys most outdoor activities with her husband Kurt (water and snow skiing, biking, golfing, gardening...), relaxing at the cabin, cooking, travelling, spending time with her 3 boys Jake, Tommy and Riley (and his dog Bubba who currently resides with us) and working down a list of microbreweries with them now that they are all of age!

Astrid Steffen, Pharm.D, MPH, BCPS, CPH

Astrid Steffen graduated from the University Of Minnesota Duluth College Of Pharmacy in 2014. She completed a PGY-1 residency at St. Luke's Hospital in Duluth, MN. She completed a Master of Public Health degree at the University Of Minnesota School Of Public Health in 2018.

Currently, Astrid works as an Evening Medicine/Care clinical pharmacist at HCMC. She is excited to be starting her role as a Transitions of Care pharmacist in August 2021. In her spare time, she enjoys spending time with her family and her three chinchillas, reading, meditating, gardening with succulents, and traveling around the world.

Rajani Wikelius, Pharm.D, BCPS

Rajani Wikelius graduated from the University of Minnesota College Of Pharmacy in 2000 & joined the HCMC team soon afterwards. She primarily staffs the Internal Medicine service but is also a credentialed MTM pharmacist and has worked in most clinical areas throughout the years. Rajani currently enjoys her role as the PGY-2 Internal Medicine Residency Coordinator, and serves as a preceptor for residents and students. Rajani is Board Certified in Pharmacotherapy and is a member of ACCP and ASHP. She is an active member of the HCMC pharmacy PGY-1 Residency Planning Committee and the Clinical Advisory Team (CAT). In her spare time, she enjoys baking/cooking, running, traveling and spending time with her pharmacist husband and son.

Brooke Menon, PharmD, BCPS

Brooke Menon graduated from the University of Minnesota College of Pharmacy in 2011. She completed her PGY1 general practice residency at the University of Minnesota Medical Center in 2012 and joined the HCMC team following her residency. She primarily staffs the Internal Medicine, Cardiology, and Psychiatry inpatient services and has experience in Transitions of Care and MTM during her time in the Internal Medicine Clinic. Brooke is Board Certified in Pharmacotherapy and is a member of MCCP. Brooke enjoys spending time with her family and friends in her spare time.

Joel Peterson, PharmD, BCPS

Joel Peterson is a 2011 graduate of the Drake University College of Pharmacy and completed a PGY-1 residency at Hennepin County Medical Center in Minneapolis, MN. He obtained his BCPS certification in 2012. Joel spends the majority of his time on HCMC's cardiology services as well as the cardiology consult service. He is the chair of the Preceptor Development Committee and is a member of the PGY-1 Residency Planning Committee, Clinical Advisory Team, and Residency Advisory Committee. His professional affiliations include ACCP and MCCP. In his spare time, Joel enjoys spending time with his wife and daughters. He also loves doing anything outside (skiing, camping, hiking, floating on Perch Lake), golfing, and the occasional video game or two.

Mary Beth Borgstadt, Pharm.D, BCPS

Mary Beth graduated from the University of Montana in 2006 and completed her PGY1 training at Billings Clinic in 2010. She joined the HCMC team in 2013 and currently serves as a clinical pharmacy resource within the cardiology and medicine departments. Mary Beth precepts residents and students during core and elective cardiology rotations, and her practice interests include academia and medication therapy management. Mary Beth enjoys exploring the outdoors, reading, and recycling.

Gina Carlson Pharm.D., M.S., BCPS

Gina graduated from the University of Minnesota College of Pharmacy in 2011. She then completed a PGY-1/2 residency at HCMC in Health-System Administration with a Masters in Social & Administrative Pharmacy. Gina currently works as a clinical pharmacy supervisor—splitting her time with staffing on the Surgery Trauma & Neuro Unit (STN) and administrative responsibilities. Gina is a member of the Epic Pharmacy Committee, Medication Safety Committee and the STN Unit Council. Outside of HCMC, Gina enjoys spending time with her son Ethan, daughter Finley and husband Michael, traveling and cheering for the University of Minnesota Gophers!

Kristy Van Nest, PharmD, BCPS

Kristy is originally from Boca Raton, FL. She graduated with a B.S. in Biological Science: Pre-Med/Pre-Professional and a B.S. in Psychobiology from Florida Atlantic University in 2008. She received her Doctorate of Pharmacy from Shenandoah University in 2012, went on to complete a PGY-1 Pharmacy Practice Residency at HCMC in 2013, and became Board Certified in Pharmacotherapy that same year. After residency, Kristy continued working as a clinical pharmacist at HCMC primarily staffing evening medicine, family medicine, and internal medicine. She enjoys covering renal, cardiology, hospitalist, inpatient, and psych services and educates the PGY-1 pharmacy residents on diabetes management at HCMC as part of the Core Curriculum series. In her spare time she enjoys traveling, hiking, visiting family in Florida, spending time with her husband and nephew and being outdoors.

Ann M. Brigino, Pharm.D, BCPS

Ann Brigino graduated from the University of Minnesota College Of Pharmacy in 2007. She completed a critical care residency at Hennepin County Medical Center in Minneapolis, Minnesota. Ann enjoys her role as Clinical Pharmacy Supervisor, Intern Supervisor, and PGY-2 Internal Medicine Residency Director. She is also one of the primary clinical pharmacists for the Family Medicine team. Ann is an active member of the Medication Safety Committee and Drug Shortage Committee. In her spare time she enjoys traveling, kayaking, running, cooking, and most importantly spending time with her two dogs.