



**Name:** Erin Quaranta

**Hometown:** Circle Pines, Minnesota

**Undergraduate:** University of Minnesota

**Medical School:** American University of the Caribbean School of Medicine

**Why I chose HCMC/Regions:** I chose HCMC/Regions for the patient population at each hospital, the ability to learn from numerous attendings and co-residents, and to be able to move back to Minnesota near my family and friends. What I like most about this program is how approachable the attendings are and how well the residents get along and support each other.

**Favorite thing(s) to do in the Twin Cities:** I enjoy exploring different microbreweries in the Twin Cities, and our class has been trying to get together every other weekend to try out some of these breweries!

**Hobbies:** My hobbies include traveling, reading, shooting sporting clays, and spending time with my family/friends/yellow lab, Bentley.



**Name:** Sonnie Lee

**Hometown:** Aurora, Colorado

**Undergraduate:** Creighton University

**Medical School:** Creighton University

**Why I chose HCMC/Regions:** I was looking for a supportive program with robust training that provided a good work-life balance. I wanted a large amount of diversity in both patient demographics and pathology. The amount of inpatient psychiatry beds across the hospitals was a big draw as well.

**Favorite thing(s) to do in the Twin Cities:** going to breweries (trying to hit up all of them before residency ends), exploring the food scene, hanging out in nature with my dog

**Hobbies:** hanging with my dog, cooking, working out, discovering new music, watching TV (on all the streaming platforms)



**Name:** Elizabeth Lieske

**Hometown:** Rochester, MN

**Undergraduate:** Macalester College

**Medical School:** University of Minnesota

**Why I chose HCMC/Regions:** I had a great experience rotating at HCMC and Regions as a medical student, and I knew that I would get fantastic clinical training here and be prepared for anything upon graduating. I also thought the residents genuinely seemed happy and had lives outside the hospital, which was really important to me.

**Favorite thing(s) to do in the Twin Cities:**

Exploring the many lakes, walking trails and breweries that the Cities have to offer! Sociable Cider Werks is one of my favorites. There are also lots of fun things to do in the fall (see photo from Afton Apple Orchard)

**Hobbies:** Cooking/trying out new recipes, baking cupcakes, figure skating (used to skate competitively, now just for fun)



**Name:** Gus O'Malley

**Hometown:** Girdwood, Alaska

**Undergraduate:** Whitman College, University of Alaska – Anchorage

**Medical School:** University of Washington at their Alaska Campus

**Why I chose HCMC/Regions:** I chose HCMC because I want to train at a program that is busy, with a high burden of disease so that I am well prepared when the training wheels of residency come off. And HCMC is busy, I feel like I'm going to be a competent doctor on the other side of residency. But I also feel supported by the program, the attendings, and my co-residents.

**Favorite thing(s) to do around the Twin Cities:**

Being busy doesn't mean not enjoying time here. I've been enjoying exploring the Twin Cities breweries by bike.

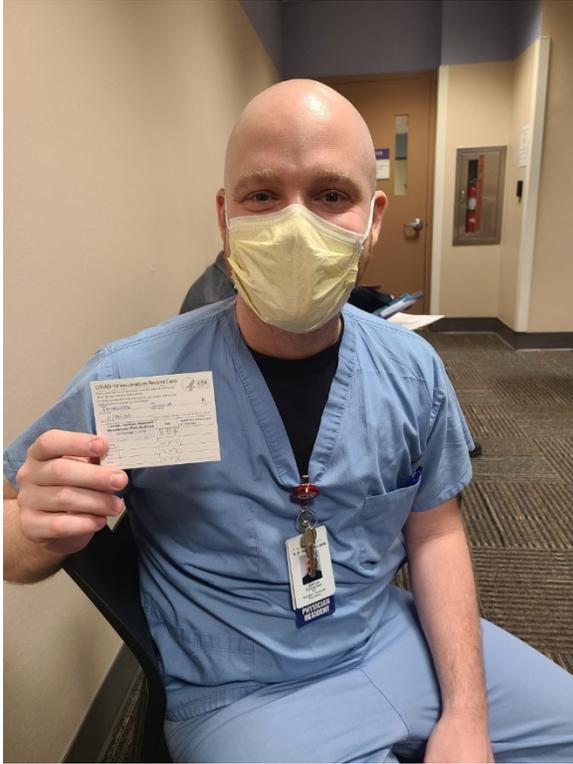
**Hobbies:** backpacking, cross-country skiing, and baking.



**Name:** Elizabeth Roeske  
**Hometown:** Eagan, Minnesota  
**Undergraduate:** University of Wisconsin - Madison  
**Medical School:** University of Minnesota  
**Why I chose HCMC/Regions:** Love the people and the community!  
**Favorite thing(s) to do around the Twin Cities:** Running around the lakes, sailing, biking  
**Hobbies:** Running, gardening, biking



**Name:** Sophie Scharner  
**Hometown:** Suburb of Vienna, Austria  
**Medical School:** Charite University in Berlin, Germany  
**Why I chose HCMC/Regions:** I chose HCMC because it came highly recommended to me from friends who are both residents in the Twin Cities too, and I really love the diversity and that it is a safety net hospital  
**Favorite thing(s) to do in the Twin Cities:** eat out, stand up paddle on the various lakes, go up to north shore, hike in state parks, Nordic ski, go to a museum  
**Hobbies:** yoga, sport, meeting friends, go to cafes and meet friends, travel and visit nature, learn languages



**Name:** Joshua Tomashek

**Hometown/Raised:** Winona, Minnesota,  
Guadalajara Mexico, and Las Vegas, Nevada

**Undergraduate:** Macalaster College, Bryn Mawr  
College for Post-Bac

**Medical School:** Des Moines University

**Why I chose HCMC/Regions:** Great exposure to  
a large and diverse patient population in a city  
that I enjoy.

**Favorite thing(s) to do around the Twin Cities:** I  
hang out at the beaches around town in the  
summer and explore the cross-country ski trails  
in the winter.

**Hobbies:** Gardening, Bee Keeping, Swimming,  
Biking