

Health Equity Highlights

Thank you for subscribing to Health Equity Highlights, a monthly email newsletter giving you updates on equity happenings at Hennepin Healthcare. Please share this newsletter with others that may be interested. If you have feedback or would like to share something in Health Equity Highlights, email us at healthequity@hcmcd.org

July 2021 Updates

TIPSS - Trauma-informed Perinatal Support Services (TIPSS) pilot to reduce birth trauma

In 2018, Hennepin Healthcare completed a community assessment with the Black, Indigenous, and people of color (BIPOC) community in Hennepin County and identified a lack of trust and feelings of judgment within healthcare systems, specifically during prenatal care and birth. TIPSS, a program currently being piloted in our Birth Center, aims to reduce birth trauma and increase birth satisfaction and experience among our BIPOC patients. By engaging patients with social worker support services earlier in pregnancy, we can identify needs and provide support throughout the patient's prenatal and postpartum journey, which also creates continuity of care. Support patients receive from social workers and the broader program includes:

- Regular visits with the social worker
- Social workers advocate for patients and work to eliminate barriers to care
- Referrals to community programs
- Connections to culturally appropriate services to address chemical, mental, and emotional health and wellbeing
- Transparent, non-judgmental education and support to address substance use during pregnancy, CPS involvement (past or present), and implications of decisions made during pregnancy and at the time of birth

Cultural Comfort Food Program – Bringing comfort to patients & staff through beloved meals

"Let food be thy medicine, and let medicine be thy food." - Hippocrates, Greek physician. Food is an essential part of nourishing our bodies. Food also represents the ties to our family, ancestors, traditions, and memories through special ingredients, flavors, and smells. The Health Equity Department would like to know what recipes or foods help YOU to feel comforted and contribute to your wellbeing and healing.

We will be compiling these recipes to share with others in our community and will be re-creating some of these cherished recipes for our patients to promote their wellbeing and healing.

Submit your recipe to ms.healthequity@hcmcd.org

Please include:

Recipe name:

Type: Salad, Entrée, etc.

Cultural or regional origin:

Your name:

Your email address or phone number:

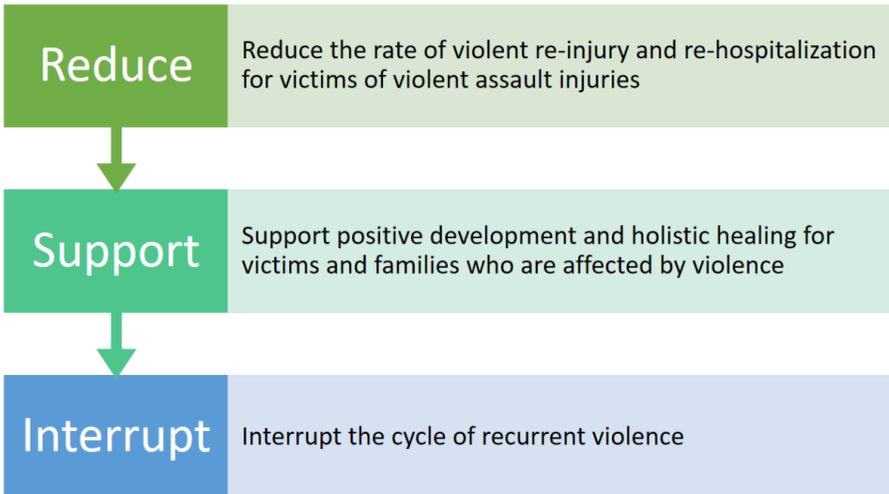
Why you love this recipe:

Vancomycin Infusion Reactions: Renaming racist medical terminology

A common syndrome seen with a frequently used drug is being renamed in an effort to minimize racial and gender discrimination in our organizational language. The term "Red Man Syndrome" will no longer be used to describe common vancomycin infusion reactions. We are proud of these important and necessary changes that will eliminate discriminatory nomenclature and gender/race-related biases that impact patient care.

ICYMI:

- **Next Step program is recognized for its work in stopping the cycle of violence in the metro.** With the rise in violent crime across our city, and one of the teams on the front lines of this issue is our Next Step program. This program provides essential support for individuals who experience violent crime. At a time when the community is looking to transform public safety approaches to achieve greater equity, Next Step is setting an example that shows results. Programs like Next Step make an impact in reducing violence in our community and are a great example of health equity in action. So if you see a Next Step team member around campus, thank them for all that they do for our patients and in the community!



- **Qibla stickers in patient rooms in the Emergency Department** Earlier this year, in partnership with our Emergency Department and Spiritual Care teams we now have stickers in patient rooms indicating the direction of the Kaaba in the Muslim holy city of Mecca, Saudi Arabia. This simple and subtle signal noting the proper direction to the Kaaba says, "We welcome you, this is a place where all Minnesotans can receive care."



Connect With Us

Send questions and comments to our team through the Health Equity Inbox. We want to hear what is on your mind! healthequity@hcmcd.org

Health Equity Department
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