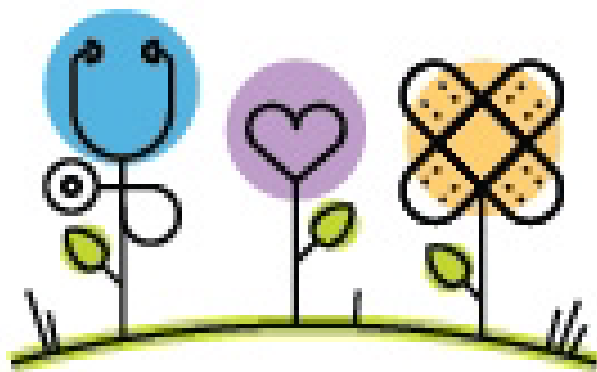


Health Equity Highlights

Welcome to another Health Equity Highlights update. We are excited to share what we have been working on recently!

We hope you will share this newsletter with others that may be interested. If you have feedback or would like to share something in Health Equity Highlights, email us at healthequity@hcmcd.org.

November 2021



Talent Garden Program

Black Men with Stethoscopes

Medical school admissions and graduation data suggests that young Black men are entering and graduating at lower rates than in the 70's, 80's and 90's, compounding the disparities in health outcomes and equitable delivery of care which exist today.

We want to change that and our first [Youth Summit](#) event is coming up on Saturday, December 4, when 80 young Black men, ages 12-18, will be on the HCMC campus to learn about medicine and meet and talk with Black providers.

We'll follow that with job shadowing opportunities and internships. We're working directly with Minneapolis, Hopkins, Brooklyn Park, Osseo and Brooklyn Center schools and their counselors and STEM teachers, plus a few other school districts and organizations. To learn more and to find out how to register and receive materials or to get your questions answered, send an email to talentgarden@hcmcd.org.

How did we get here? A brief history of Biases in Medicine

Watch Dr. Nneka Sederstrom, Hennepin Healthcare Chief Health Equity Officer, present on the biases in Medicine: [How Did We Get Here? A Brief History of Biases in Medicine](#) on YouTube.

Next Step Program reaches out to victims of violence

The Next Step Program works to reduce violence in our community and exemplify health equity in action. Our talented Hennepin Healthcare team was recently recognized in a [television news report](#). Here is how one of our Next Step specialists describes her approach: "You have to approach it with care, from a trauma-informed care lens and that's saying, 'We know something happened to you but there's nothing wrong with you,'" said Jalilia Abdul-Brown, a senior violence prevention specialist. "Let us help you get back on your feet."

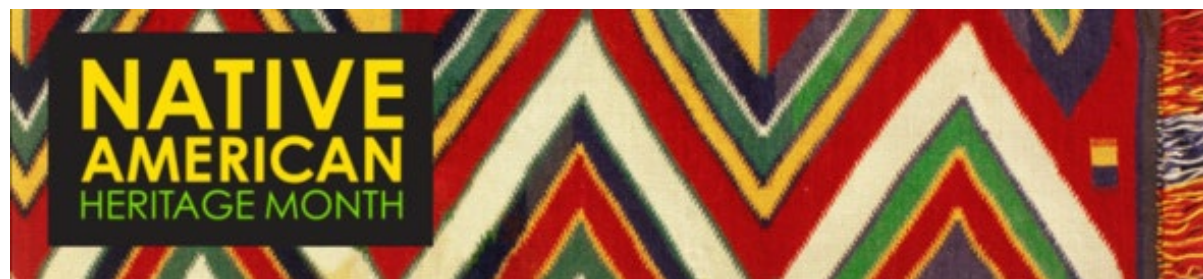
Take a person-centered, culturally-inspired integrative health 'Walk with a Doc'

Walk with a Doc is a new Hennepin Healthcare offering created to build with community and provide a health and wellness bonus for all. These monthly community wellness walks focus on the intersection of arts and healing and will be held at the *Minneapolis Sculpture Garden* or, if weather isn't ideal, they will be moved indoors to the *Minneapolis Institute of Art* (free admission for all). Dr. Shawn Olson will lead the first walk on Saturday, November 20, at 10 am. This event is open to all. For more details, contact Catherine Justice (catherine.justice@hcmcd.org).

A Focus on Hispanic Heritage by Evelin Marquez

Hispanic Heritage Month may be over, but we continue to honor their culture and history as well as educate, recognize and celebrate. We celebrate and honor those who came from Spain, Mexico, the Caribbean, Central and South America. On September 15 we marked the independence anniversary of Costa Rica, Nicaragua, El Salvador, Honduras and Guatemala, which was followed by Mexico's Independence Day on September 16 and Chile's on September 18.

Interesting fact: A Hispanic person is someone who comes from a Spanish-speaking country, while a Latino(a) is someone who comes from Latin America. [Get to know two of our talented Hennepin Healthcare team members, Ursula Reynosa and Javiera Monardez Popelka](#), who share their stories:



November is National American Indian Heritage Month

Native American Heritage Month presents an opportunity to learn more about the proud history of Native Americans and to celebrate the rich and diverse tribal cultures in the community we serve here at Hennepin Healthcare, in Minnesota and across the United States.

Here are some of the ways you can participate and learn:

Johns Hopkins Center for American Indian Health

Pendant Beading Workshop

November 12, 5pm EDT [REGISTER](#)

Indigenous Lessons for the World: Traditional Perspectives on the COVID-19 Pandemic & Climate Change, A webinar with Oren Lyons and Thomas Banyacya Jr.

November 17, 12pm EDT [REGISTER](#)

TPT - Twin Cities Public Television

Celebrate Native American Heritage Month with an array of programs that highlight the rich and complex culture of people indigenous to this land.

[Celebrate Native American Heritage Month with Twin Cities PBS](#)

Native American Women breast cancer screening improvement

Aida Strom, Health Equity Community Engagement Program Manager, is partnering with the Hennepin Healthcare Whittier Clinic and Performance Measurement & Improvement to improve the screening rate and outcomes for Native American women related to breast cancer by broadening the lens used to investigate our processes. This is what health equity in action looks like. Our American Indian patients have the lowest breast cancer screening rates, so the initiative focuses on understanding and addressing the barriers, building connections and establishing trust. Our team members received cultural sensitivity training to understand the barriers and improve communication with our patients and early results are showing signs of success.

Connect With Us

Send questions and comments to healthequity@hcmcd.org. We want to hear what is on your mind!

