

Caawinta baahida asaasiga ah

Fayruska Covid-19 ku waxbadan ayuu dhib uga dhigay dad badan. xaqiiqooyinkaas jira waxay kaa caawinkaraan inaad hesho cunto, dhar, lacagta la helo marka shaqada lawaayo (unemployment). Caafimaad, iyo waxyaabo kale.

Cunto

Raashinka tabaruca ah (food shelf) iyo cuntada diyaarka ah oo lacag la'aan ah ee bulshadu leedahay. Wac 2-1-1 ama Text garee 'MNCOV1D' u dir nambarkan 898211. Qof kasocda United Way ayaa ku caawindoona. Leh taageero luqadeed Spanish, Hmong, Somali, and Russian.

Internet Websiteska waxaa ka mida: <http://www.211unitedway.org> ama hungersolutions.org/find-help/. Wac si aad u ogaato sida ay kuu caawin karaan. Saacadaha qaar ayaa is bedelay sababtuna ay tahay fayruska awgii. Meelaha qaar waxa ay leeyihiin adeeg adigoo gaadhigaaga ku jira ama guriga laguugu keenayo.

SNAP waa barnaamij cunto siin iyo nafaqayn ah. Wac si aad u ogaato inaad u qalanto 651-209-7963. SNAP kooxdeeda isgaadhsiinta ee ku yaal Second Harvest ayaa ku caawin kara. Websiteka internetku waa 2harvest.org/SNAP taageero luqada Spanish. Barnaamijkan wuxuu kaa caawinayaa inaad balaadhiso miisaaniyadaada cuntada iyo inaad iibsato raashin caafimaad qaba.

Cunto diyaar ah oo caruurta loogu talo galay oo lacag la'aan ah. Telefoon app oo ay sameeyeen qolada Hunger Impact Partners. Kasoo Download ama xawil dukaanka app ee Smartphonekaaga ku jira. Waxa uu leeyahay waqtiyo sax ah oo ku saabsan meesha waalidka iyo caruurta cunto ka heli karaan xiliyada kolba markaa la joogo. Waa af Ingriis kaliya.

Caawimada Unemployment (qoloda qaabilsan lacagsiinta qofka shaqadiisa waayay)

Websiteka internetku waa: uimn.org. Guji "Applicant". Leh taageero ah Spanish, Somali, iyo Hmong. Fayruska COVID-19 awgii, Minnesota waxay leedahay tabaruc lacageed oo lagu caawiyo dadka:

- shaqadoodii waayay
- La galiyay furloug "shaqo ka fadhiisin kumeel gaadh ah"
- Saacado intii hore ka yar shaqeeya

Caawinta Rabshada qoyska.

Hadii lagu dhibaataynayo ama aad dareemayso nabadgelyo la'aan Waco caawimo.

- Minnesota Day One Crisis Line:“ Khadka mashaqada maalinta koowaad ee Minnesota” <https://dayoneservices.org/> iyo 1-866-223-1111. Internetka Website Spanish ah. Luqado badan ayaad ku heli kartaa telefoonka.

- Khadka tooska ah ee rabshada qoyska : 612-825-0000. Telefoonka waxaad ka helaysaa turjubaano luqado badan ku hadla.

Caawimo hadaad ku nooshahay Hennepin County

Wac 612-348-3000. Lagabilaabo 8da subaxnimo ilaa 8da fiidnimo maalinkasta. Leh taageero luqadaha kale ah.

Waxa ay kaa caawin karaan:

- Dharka.
- Taageero xaga dhaqaalaha ah.
- Adeega iyo alaabta guriga.
- Caafimaad, qalab, iyo dawooyin.

Caawimo hadaad ku nooshahay Ramsey County

Wac 651-266-4444. Leh taageero luqadaha kale ah.

Waxay leeyihiin barnaamijyo caawin kara dadka kaligood ah iyo dadka guriga wada degan taageeradaas oo ah

- Cunto.
- Taageero xaga dhaqaalaha ah.
- Taageero xanaanada caruurta ah.
- Taageero caafimaad.

Caawimo xaga sharciga ah

Websiteku waa: <https://www.lawhelpmn.org>. Leh taageero ah Spanish, Hmong and Somali.

Waxay kaa caawinkaraan su'aalaha ku saabsan xuquuqda qofka kiraystaha ah, xuquuqda qofka guriga iska leh ama immigreeshanka.