Southside Harm Reduction Services

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About Us

We are a mobile syringe exchange based in South Minneapolis, working within harm reduction frameworks to promote human rights to health, safety, agency, and autonomy among people who use drugs.

We understand that people who use our services know what they need for their health, and we work to destigmatize, validate, and acknowledge the humanity of all people who use drugs.
Our Services

Deliveries: Monday-Wednesday 2-8pm within Minneapolis city limits

Outreach and Clean Up: 4-5 days a week, largely at encampments

Rapid HIV Testing: Our HIV testers go out on deliveries every Monday, and host monthly HIV Pop-Up’s with our partner organizations

Linkage to Care: We provide people with referrals as requested and

We also focus on community organizing, advocacy, and education.
Harm Reduction

There are many different definitions of harm reduction. We really think about it as: meeting people where they’re at, without judgement, and working from there.

Some other ideas that are important for harm reduction are:

- Valuing individuals, their autonomy, and past experiences
- Recognizing cultural and community strengths
- Being aware that people are often making very rational decisions about their drug use.
Stigma

What is stigma?

How does it impact the people that we see?

How does stigma show up in our organizations/within the field?
Q&A