



Life Beyond Cancer Group Medical Visits

Living into life with cancer and seeing cancer in the rearview mirror. Group medical visits are a place to experience community support. A place for fully engaging in an exploration of your health and wellbeing. This group medical visit series is for individuals who have experienced a cancer diagnosis at some time in their life.

Apply your best wisdom incorporating nutritional needs, exploring mind-body skills, incorporating safe physical movement and find shared social support in this dynamic group setting. Investigate best practices and inquire into what works best for you moving forward.

8 Thursdays
April 20 – June 8, 2023
10 am – 12:00 pm, via Zoom

This was a really, really good series. It gave us an overall picture of the positive actions we can take, to be with, focus beyond and move ahead with life. Lela R.

For more information and to schedule call 612-873-8048

: <https://www.hennepinhealthcare.org/group-visits>.



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