

The Aliveness Project

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PrEP

- **Stands for-Pre Exposure Prophylaxis**
- **Brand Names: Truvada and Descovy**
- **Injectable: Apretude**
- **More than 99% effective in preventing HIV**
- **1x/day Truvada (must be 95% adherent)**
- **PrEP does not protect against other STIs**
- **PrEP is recommended for anyone that has had an unprotected sexual encounter with someone of unknown status in the last 6 months.**
- **THRIVE: Aliveness' PrEP Clinic Provides No-Cost PrEP.**
- **If you have private insurance, you can help support free PrEP for others by accessing your PrEP at THRIVE**

HIV Prevention and Harm Reduction

Testing: HIV, Syphilis, HCV

Linkage to Care: HIV, Syphilis, HCV, PrEP,
MAT, MI/CD Treatment

Safe-use Supplies: injecting and smoking

Wound Care

Basic Needs Support

Peer Recovery Support

Education and Peer Support Groups

2,863 HIV Tests

63 Newly Diagnosed Linked to HIV Care

5,687 unique harm reduction participants over 12,932 encounters.

11,911 safe syringe kits and **42,326** safer smoking items

7,896 naloxone kits

HCV Testing:

Year	Month	Number of tests	Reactive rate
2023	January	11	54%
2023	February	4	50%
2023	March	23	22%
2023	April	4	0%
2023	May	26	12%
2023	June	1	0%
2023	July	13	31%
2023	August	1	0%
2023	September	2	0%
2023	October	25	50%
2023	November	1	0%
2023	December	8	50%
2024	January	9	50%
2024	February	8	50%

Food Services

- Meal Program: We served 44,810 meals to 960 members.
 - Weekday Lunch
 - To-Go Meals
- Food Shelf: We distributed 286,488 pounds of food to 771 members.
 - 60 lbs of food items per month
- HIV Medical Nutrition Therapy: Minnesota's only HIV specific dietician saw 179 members in 2023

Social Services

- Here are some of the services and resources that a case manager can provide:
 - Navigating early access to and maintenance of healthcare
 - Assistance and advocacy in applying for social security and public aid
 - Help in understanding complex private health insurance issues
 - Locating and applying for resources such as emergency financial aid, food stamps and nutrition resources, housing vouchers, utility assistance, employment, and transportation
 - Referrals for medical, psychological, financial, legal, and other services
 - Life skills such as personal safety, budgeting, etc.
- Our case managers assisted 465 members during 7,087 billable hours.
- We will also successfully housed 146 members.