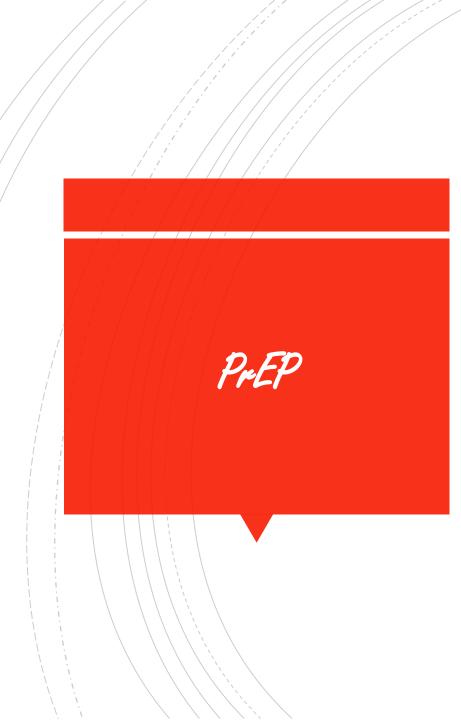
## The Aliveness Project

Matthew Hoppe, APRN, PMHNP-BC

Director of Clinical Services



- Stands for-Pre Exposure Prophylaxis
- Brand Names: Truvada and Descovy
- Injectable: Apretude
- More than 99% effective in preventing HIV
- 1x/day Truvada (must be 95% adherent)
- PrEP does not protect against other STIs
- PrEP is recommended for anyone that has had an unprotected sexual encounter with someone of unknown status in the last 6 months.
- THRIVE: Aliveness' PrEP Clinic Provides No-Cost PrEP.
- If you have private insurance, you can help support free PrEP for others by accessing your PrEP at THRIVE

**HIV Prevention and Harm Reduction** 

Testing: HIV, Syphilis, HCV Linkage to Care: HIV, Syphilis, HCV, PrEP, MAT, MI/CD Treatment Safe-use Supplies: injecting and smoking Wound Care **Basic Needs Support** Peer Recovery Support **Education and Peer Support Groups** 



63 Newly Diagnosed Linked to HIV Care

5,687 unique harm reduction participants over 12,932 encounters.

11,911 safe syringe kits and 42,326 safer smoking items

7,896 naloxone kits

## HCV Testing:

Year	Month	Number of tests	Reactive rate
2023	January	11	54%
2023	February	4	50%
2023	March	23	22%
2023	April	4	0%
2023	Мау	26	12%
2023	June	1	0%
2023	July	13	31%
2023	August	1	0%
2023	September	2	0%
2023	October	25	50%
2023	November	1	0%
2023	December	8	50%
2024	January	9	50%
2024	February	8	50%

## **Food Services**

- Meal Program: We served 44,810 meals to 960 members.
  - Weekday Lunch
  - To-Go Meals
- Food Shelf: We distributed 286,488 pounds of food to 771 members.
  - 60 lbs of food items per month
- HIV Medical Nutrition Therapy: Minnesota's only HIV specific dietician saw 179 members in 2023

## Social Services

- Here are some of the services and resources that a case manager can provide:
  - Navigating early access to and maintenance of healthcare
  - Assistance and advocacy in applying for social security and public aid
  - Help in understanding complex private health insurance issues
  - Locating and applying for resources such as emergency financial aid, food stamps and nutrition resources, housing vouchers, utility assistance, employment, and transportation
  - Referrals for medical, psychological, financial, legal, and other services
  - Life skills such as personal safety, budgeting, etc.
- Our case managers assisted 465 members during 7,087 billable hours.
- We will also successfully housed 146 members.